

# CLINIC CONTACT & LOCATION

Our clinics are strategically located to help make your health a priority an easy and effortless experience.

Simply give a call to our clinic or email us at [contact@theclinicgroup.com.sg](mailto:contact@theclinicgroup.com.sg) to schedule an appointment to keep your health in check.



1. The Clinic @ One George Street

1 George St, #05-05 Lobby C, S049145. Tel: 6438 5322
2. The Clinic @ Campus

70 Stamford Rd, #B1-21 Li Ka Shing Library, S178901. Tel: 6333 9300
3. The Clinic @ Fusionopolis

1 Fusionopolis Pl, #01-05 Fusionopolis One, S138522. Tel: 6466 0602
4. The Clinic @ Aperia

12 Kallang Ave, #03-15 Aperia Mall, S339511. Tel: 6341 6892
5. The Clinic @ Capitagreen

138 Market St, #02-01A Capitagreen S048946. Tel: 6384 6851
6. The Clinic @ Business City

20 Pasir Panjang Rd, #02-26 Mapletree Business City, S117439. Tel: 6816 7180
7. The Clinic @ Tai Seng

18 Tai Seng St, #01-07/08 Mapletree 18, S539775. Tel: 6384 0160
8. The Clinic Group @ Marina One

5 Straits View, #01-07 Marina One, S018935. Tel: 6282 8518
9. The Clinic Group @ Harbourfront

3 Harbourfront Place, #04-01 Harbourfront Tower 2, S099254. Tel:

# ADDITIONAL TESTS

Additional tests are also available upon request. Consult our doctors for a recommendation.

The following are some of the available tests you can choose from:

- Electrocardiogram (ECG)

▪ Ultrasounds – Pelvis, Breast, Abdomen, Prostate

▪ ECG Treadmill

▪ Chest X-ray
- Standard Pap Smear

▪ Thin Prep Pap Smear

▪ STD Screening\*

▪ Pre-marital Screen\*

▪ Pre-pregnancy Screen\*

▪ Fertility Screen\*

For more details, look at our Family Planning Brochure\*



# PREPARING FOR YOUR HEALTH SCREENING

- ❑ On the day of your scheduled health screening, make sure you have fasted 10 hours before. You may drink plain water and take any chronic medication but foods are strictly not to be consumed.

❑ For ladies, pap smear, urine and stool tests are best done 7 days after the last day of your menstruation.

❑ For ultrasound pelvis, you are required to drink water. Refrain from urinating for about an hour before examination time.

❑ For ultrasound abdomen, fasting is required.

❑ If you are unwell, or are consuming immunosuppressant and/or steroids, please consult our doctor prior to doing you health screening as this may affect the results.

# LABORATORY TEST PANELS

This section gives further details on the laboratory tests conducted in our health screening programs.

For more details, consult our friendly staff or doctors.



HEMATOLOGY	Full Blood Count, PBF, ESR
LIPID PROFILE	Total Cholesterol Cholesterol HDL Cholesterol LDL Cholesterol Total/HDL Ratio Triglycerides
DIABETIC PANEL	Glucose (Fasting)
KIDNEY FUNCTION	Urea Creatinine Sodium Potassium Chloride
BONE/JOINT PROFILE	Calcium Phosphate
GOUT SCREEN	Uric Acid
LIVER FUNCTION	Bilirubin Protein Albumin Globulin A/G Ratio ALT/SGPT AST/SGOT Alkaline Phosphatase GGT
HEPATITIS PROFILE	Hepatitis Bs Antigen Hepatitis Bs Antibody Hepatitis A IgG Antibody
THYROID PROFILE	Free T4 (FT4)
URINE ANALYSIS	Urine Micro Albumin Urine Creatinine Urine Micro Albumin/Creatinine Ratio

# HEALTH SCREENING PROGRAMS

BY THE CLINIC GROUP



Regular preventive health screenings aim at identifying diseases at an early stage where it is still silent and most treatable.

Our health screening programs have been carefully put together to provide the most complete, holistic and premier health assessment.

Medical Partners offer 4 regular programs – **Healthy Life, Premium, Executive and Millennium.**

Feel free to contact us for any tailor made solutions.

*All our health screening programs include an interview on your medical history, physical examination by the doctor and laboratory report.*



# HEALTHY LIFE

Screening Program

*(Includes laboratory report only)*

- Physical Examination
- Body Mass Index (BMI)
- Hematology
- Lipid Profile
- Diabetic Panel
- Kidney Function
- Bone/Joint Profile
- Gout Screen
- Liver Function
- Urine FEME

*Recommended to individuals aged under 30*



**TIP |** have you done any imaging tests lately?  
Gentlemen may consider an ultrasound prostate, ultrasound abdomen and/or ECG treadmill is recommended.

# PREMIUM

Screening Program

*(Includes review and explanation of results)*

- Medical History Interview
- Physical Examination
- Body Mass Index (BMI)
- Hematology (Incl. ABO Blood Group)
- Lipid Profile
- Diabetic Panel
- Kidney Function
- Bone/Joint Profile (Incl. Rheumatoid Factor)
- Gout Screen
- Liver Function
- Hepatitis Profile
- Thyroid Profile
- Urine FEME
- Stool Occult Blood (Immunological)
- Cancer Markers:
  - Liver
  - Colon
  - Prostate (Gents)
  - Ovary (Ladies)

*Recommended for individuals aged between 30 to 40*



# EXECUTIVE

Screening Program

*(Includes review and explanation of results)*

- Medical History Interview
- Physical Examination
- Body Mass Index (BMI)
- Hematology (Incl. ABO Blood Group)
- Lipid Profile
- Diabetic Panel
- Kidney Function
- Bone/Joint Profile (Incl. Rheumatoid Factor)
- Gout Screen
- Liver Function
- Electrocardiogram (ECG)
- Hepatitis Profile
- Thyroid Profile (Incl. TSH)
- Urine FEME
- Urine Analysis
- Stool Occult Blood (Immunological)
- Cancer Markers:
  - Liver
  - Colon
  - Pancreas
  - Nasopharyngeal
  - Prostate (Gents)
  - Ovary (Ladies)

*Recommended for individuals aged above 40*

Our recommendations serve as a general guideline. Other factors may be considered to decide which program is suitable i.e. personal medical history, family medical history and lifestyle.  
**Speak to any one of our doctors for their professional medical opinion.**

# MILLENNIUM

Screening Program

*(Includes review and explanation of results)*

- Medical History Interview
- Physical Examination
- Body Mass Index (BMI)
- Hematology (Incl. ABO Blood Group)
- Lipid Profile
- Diabetic Panel
- Kidney Function
- Bone/Joint Profile (Incl. Rheumatoid Factor)
- Gout Screen
- Liver Function
- Electrocardiogram (ECG)
- Hepatitis Profile
- Thyroid Profile (Incl. TSH)
- Urine FEME
- Urine Analysis
- Stool Occult Blood (Immunological)
- Cancer Markers:
  - Liver
  - Colon
  - Pancreas
  - Nasopharyngeal
  - Prostate (Gents)
  - Ovary (Ladies)

- Choice of 1 Medical Imaging Test:
  - ECG Treadmill
  - Ultrasound Pelvis + Thin Prep Pap Smear
  - Ultrasound Pelvis + Ultrasound Breast
  - Mammogram + Ultrasound Breast
  - Ultrasound Full Abdomen, incl. Kidney (additional +\$20)

*Recommended for individuals aged above 40*



**TIP |** have you done any early screening before?  
Ladies may consider doing regular Pap Smear, Ultrasound Pelvis, Ultrasound Breasts and/or Mammogram\*.  
\*For ladies aged above 40 years